

## Leading Healthy and Cohesive Teams Course©

Many leaders ignore team health for a variety of reasons; some of the reasons are listed below:

- Leaders have never been trained.
- Leaders are consumed with immediate outcomes.
- Leaders are too busy.
- Leaders may have tried taking their teams on activities with little results.

Team health is crucial for any business seeking growth. Patrick Lencioni, a world-renowned expert on teams, argues that team health is the single most significant advantage for any company. Although team members are technologically interconnected, there are often silos within teams and departments. Lack of collaboration or poor communication leads to team problems and failures. Teams usually succeed or fail based on communication and trust levels.



Building and leading a healthy and cohesive team is vital to reinforce the values and vision of your business/organisation. A thriving team has a pulse on the importance of culture, trust, healthy conflict, accountability, commitment, accountability and results. Now let's take your team(s) to new heights!

Often, our clients want a more structured training that focuses on team cohesion and effectiveness. We have built this training over the past 10 years and have led it in part and in full with teams around the world. We credit Patrick Lencioni and the Table Group and their '5 Dysfunctions of a Team' and 'Advantage' books/tools for some aspects of this course. This interactive course gives your team the skills and resources that are essential for them to become a healthy and cohesive team. This course is a mix of learning, coaching and small group activities. We will empower your leaders and teams to breakthrough and achieve their potential!

This Breakthrough Corporate Training proprietary course will include the following outcomes for your team:

- Understand the dynamics and importance of teamwork and what is needed to lift the effectiveness of your team.
- Learn how to work together effectively, appreciating each other's strengths, values, and weaknesses.
- Develop a vision that is "owned" by everyone on the team.
- Create the needed action steps that will see the team and organisation get their desired results.
- Communicate the vision in such a way that it is accomplished.

*39% of surveyed employees believe that people in their own organization don't collaborate enough. So the drive is there, there is no mistaking that your workforce wants more collaboration, and sees a need for it. What they require now is the leadership to direct this change. Silos don't come down on their own; a shift toward a more collaborative culture needs to come from the top, down... About 75% of employers rate team work and collaboration as "very important", yet only 18% of employees get communication evaluations at their performance reviews... 86% of employees and executives cite lack of collaboration or ineffective communication for workplace failures...*

<https://blog.clearcompany.com/7-workplace-collaboration-statistics-that-will-have-you-knocking-down-cubicles>

The Healthy and Cohesive Team Course will be significant in teaching and empowering your team to achieve their potential. Imagine your high performing team with excellent communication (both verbal and non-verbal) bonded, trusting and more! This course is interactive and engaging with a mix of teaching, coaching, fun, and application activities.

### Training Options

This course may include actual role-plays or live activations and consulting with customer service, sales teams, etc.

**90 Min - 1/2 Day:** Selected sessions leading healthy and cohesive teams can be led in 90 minutes – 1/2 Day.

**1 Day:** The complete Leading Healthy and Cohesive Teams Course©.

**2 Days:** The complete Leading Healthy and Cohesive Teams Course© Level 2 (We lead this course over 1 Day. The 2nd Day focuses on application.)



# The Breakthrough Corporate Training Advantage

*We exist to empower leaders and teams to breakthrough and achieve their potential!*

Our core purpose is to empower leaders and teams to breakthrough and achieve their potential. Our core values reflect the depths of who we are. Our Core values are **Engagement, Breakthrough, and Passion**. Our nurture values reflect what we care about, and how we perform to achieve our goals. Our nurture values are **Relevance, Heart, Integrity, Presence, Truth, Courage, and Teamwork**.

Most of the time that we work with your team is spent activating what has been taught through interaction, activities, roll-plays, experiences, games, discussions and coaching. We have found that amazing content delivered with passion in a lively and engaging way boosts employee morale, retention and overall workplace satisfaction. Breakthrough Corporate Training has a strategic partnership with TransforMe and combined, we have over 70,000 hours of coaching/mentoring/training experience in organisations around the world. See some of our combined clients below. Our goal is to go over and above with our training by providing 2 or more trainers where possible. We aim to spend 50 - 75% of our time applying the learning. We don't offer every type of corporate training course but we are great at delivering the courses that we do offer. So give us a call or get an instant quote today. Find our details on the last page.

*10s of 1000s of People from Organisations in Sydney Australia and Around the World have Been Transformed Through our Talks, Corporate Training, Coaching and Mentoring*



## Success Stories



*"Scott has led multiple workshops on values, building healthy cohesive teams and Life Languages that have really impacted our business. The Life Languages program has been invaluable. My experience with Scott Epp has been empowering and transformational. It has been a positive investment, and we are continuing to integrate Scott and the Life Languages tool into our training and development..."*

Kevin Bergeron – President & CEO at MiEnergy

*'Shokai Group had the Life Language Communication Workshop today delivered by Scott & Nicole. It was fantastic. They are very friendly, passionate, professional, patient and they made the training very interesting. Everyone liked it and I believe we got to know more about ourselves and our communication effectiveness. Before the training, I was the one who contacted Scott. He is really helpful and always responded quickly & clearly. We are looking forward to having another training by them. Many thanks to Scott & Nicole. :)'*

Cynthia Xiang – Office Administrator at Shokai Group



*'Everything that we did together was so accurate and right away as Scott and Nicole described the different Life Languages I was able to identify how the Life Languages showed up in my life. I really liked how I wasn't boxed in with the Life Languages... I want to thank Scott and Nicole for facilitating for us because it's an awesome dynamic having them both lead as they both have such a high level of mastery and understanding of it that when they share it and communicate it they are able to make it so relatable. They each were able to share their own experiences and that made a big difference for us.'*

Stefan James - Internet Entrepreneur and Founder of Project Life Mastery





*We exist to empower leaders and teams to breakthrough and achieve their potential!*

Call us at: 0481 307 778

Email: [scott@breakthroughcorporatetraining.com.au](mailto:scott@breakthroughcorporatetraining.com.au)

Learn more and get an instant quote at: [www.breakthroughcorporatetraining.com.au](http://www.breakthroughcorporatetraining.com.au)