

## Navigating Transitions and Change in the Workplace Course®

The world continues to change rapidly, and businesses and organisations need to make well thought out transitions if they are to flourish and stay relevant.

“Every exit is an entry somewhere else.” - Tom Stoppard.

Change has to do with the basic decisions we make, decisions such as moving to a different site, changing the CEO, or changing the direction of the business. Change is always occurring. However, like someone rightly said, ‘It isn’t the changes that do you in, it is the transitions.’

Transitions involve significant shifts, and unless we understand these shifts, it is difficult for us to make effective transitions and see the changes we want to become a reality. Transitions are often poorly managed, and the changes hoped for fail.



This Breakthrough Corporate Training proprietary course will include the following outcomes for your team:

- How to prepare for transitions – the letting go process.
- Learn how Life Languages™ and the communication styles and distress flares of others affect the change process – and what to do about it.
- Having an abundance mindset and changing your thinking.
- Learn the components to develop a change management and communication plan and learn to list implementation strategies.
- Learn and implement the **7 Cs** to Navigate Transitions and Change in the Workplace® - **C**ommunication, **C**ommitment, **C**ontribution, **C**ooperation, **C**onfidence, **C**onflict resolution, and **C**onnection.
- Understanding the different individual motivators for change.
- Understanding and processing the losses in a transition, and the grief process.
- Having an Abundance Mindset.
- Communication in transitions.
- Celebrating endings and honouring the past.
- Leading people through the reforming zone.
- Building a transition feedback loop.
- Ensure the transition is effective and the changes being sought are achieved.

In this course, we will employ strategies for gathering data and address your specific concerns and issues. We will lead you to evaluate options and solutions to adopt a change direction. We will lead your team through practical strategies that will help them advance to new levels with their change process. This course will give any Leader or team member the tools needed to implement changes more smoothly and to have those changes better

### Training Options

This course may include actual role-plays or live activations and consulting with customer service, sales teams, etc.

**90 Min - 1/2 Day:** Selected sessions on navigating transitions and change in the workplace can be led in 90 minutes. The abridged Navigating Transitions and Change in the Workplace Course® can be led in half a day.

**1 Day:** The complete Navigating Transitions and Change in the Workplace Course®.

# The Breakthrough Corporate Training Advantage

*We exist to empower leaders and teams to breakthrough and achieve their potential!*

Our core purpose is to empower leaders and teams to breakthrough and achieve their potential. Our core values reflect the depths of who we are. Our Core values are **Engagement, Breakthrough, and Passion**. Our nurture values reflect what we care about, and how we perform to achieve our goals. Our nurture values are **Relevance, Heart, Integrity, Presence, Truth, Courage, and Teamwork**.

Most of the time that we work with your team is spent activating what has been taught through interaction, activities, roll-plays, experiences, games, discussions and coaching. We have found that amazing content delivered with passion in a lively and engaging way boosts employee morale, retention and overall workplace satisfaction. Breakthrough Corporate Training has a strategic partnership with TransforMe and combined, we have over 70,000 hours of coaching/mentoring/training experience in organisations around the world. See some of our combined clients below. Our goal is to go over and above with our training by providing 2 or more trainers where possible. We aim to spend 50 - 75% of our time applying the learning. We don't offer every type of corporate training course but we are great at delivering the courses that we do offer. So give us a call or get an instant quote today. Find our details on the last page.

*10s of 1000s of People from Organisations in Sydney Australia and Around the World have Been Transformed Through our Talks, Corporate Training, Coaching and Mentoring*



## Success Stories



*"Scott has led multiple workshops on values, building healthy cohesive teams and Life Languages that have really impacted our business. The Life Languages program has been invaluable. My experience with Scott Epp has been empowering and transformational. It has been a positive investment, and we are continuing to integrate Scott and the Life Languages tool into our training and development..."*

Kevin Bergeron – President & CEO at MiEnergy

*'Shokai Group had the Life Language Communication Workshop today delivered by Scott & Nicole. It was fantastic. They are very friendly, passionate, professional, patient and they made the training very interesting. Everyone liked it and I believe we got to know more about ourselves and our communication effectiveness. Before the training, I was the one who contacted Scott. He is really helpful and always responded quickly & clearly. We are looking forward to having another training by them. Many thanks to Scott & Nicole. :)'*

Cynthia Xiang – Office Administrator at Shokai Group



*'Everything that we did together was so accurate and right away as Scott and Nicole described the different Life Languages I was able to identify how the Life Languages showed up in my life. I really liked how I wasn't boxed in with the Life Languages... I want to thank Scott and Nicole for facilitating for us because it's an awesome dynamic having them both lead as they both have such a high level of mastery and understanding of it that when they share it and communicate it they are able to make it so relatable. They each were able to share their own experiences and that made a big difference for us.'*

Stefan James - Internet Entrepreneur and Founder of Project Life Mastery



*We exist to empower leaders and teams to breakthrough and achieve their potential!*

Call us at: 0481 307 778

Email: [scott@breakthroughcorporatetraining.com.au](mailto:scott@breakthroughcorporatetraining.com.au)

Learn more and get an instant quote at: [www.breakthroughcorporatetraining.com.au](http://www.breakthroughcorporatetraining.com.au)