

The Egg Drop Team Building Experience©

One of our favourite team activities is the The Egg Drop Team Building Experience©. Initially, there will be a learning approach where all participants will grow with leadership and project management strategies and communication styles that your leaders outline. We will split the Team up into groups of 3 - 5 and each group will have specific instructions. Then the experience begins!

At this point each group will receive a box of goodies and instructions to build a contraption that protects an egg for a 1 - 3 story drop. A shorter location with a ladder is possible and we would accommodate for the situation to make it fair, fun and competitive. Follow the criteria that we put forward. Each group will have a box of dozens of articles and a timeline to work together and create the ultimate egg saving device. There are also elements of being resourceful as each team has a set amount of 'Breakthrough Bucks' that they can spend on additional articles. There will be a group presentation before and after their egg drop. The highlight of the day is watching and laughing together as each group drops its egg from a tall location on-site. The laughs and team's morale from this team building activity are excellent. At the end each team will get to present its Egg saving contraptions and it will discover which eggs have survived. The Winning team will be revealed based on their teamwork, meeting physical requirements, the egg's survival after the drop and profit margin. Watch a case study: www.breakthroughcorporatetraining.com.au/teambuilding/egg-drop.



This Team Building experience will include the following outcomes for your team:

- Focusing on the importance of teamwork and what is needed to make a team better.
- Learning how to work together effectively and appreciate each other's strengths, values and weaknesses.
- Working creatively on a fun and engaging project with colleagues.
- Working together as a team as you race against time and your competitors to win the challenge.
- Building a performing team with good communication (both verbal and non-verbal), leadership, bonding, fun, trust, and more.

This Team Building activity is filled with so much laughter and fun. This unique Team Building experience highlights aspects of teamwork, bonding, performance and leadership that your teams need to succeed. It breaks down the silos that may exist within your teams because each team will be a mixture of different departments and the strengths of each member will be highlighted.

Training Options

We will lead this workshop as a solo event. You may also inquire about our dozens of other experiential team-building activities. These team activities can be led in conjunction with one of our other training options.

90 Min - 1/2 Day: It is possible to run this experience in 90 minutes. In 1/2 day we would have time to incorporate other team building, leadership, motivation, communication elements with the experience.

1 Day: The complete Egg Drop Team Building Experience© will last for 1/2 day with one of our other courses taught for the other 1/2 day.



The Breakthrough Corporate Training Advantage

We exist to empower leaders and teams to breakthrough and achieve their potential!

Our core purpose is to empower leaders and teams to breakthrough and achieve their potential. Our core values reflect the depths of who we are. Our Core values are **Engagement, Breakthrough, and Passion**. Our nurture values reflect what we care about, and how we perform to achieve our goals. Our nurture values are **Relevance, Heart, Integrity, Presence, Truth, Courage, and Teamwork**.

Most of the time that we work with your team is spent activating what has been taught through interaction, activities, roll-plays, experiences, games, discussions and coaching. We have found that amazing content delivered with passion in a lively and engaging way boosts employee morale, retention and overall workplace satisfaction. Breakthrough Corporate Training has a strategic partnership with TransforMe and combined, we have over 70,000 hours of coaching/mentoring/training experience in organisations around the world. See some of our combined clients below. Our goal is to go over and above with our training by providing 2 or more trainers where possible. We aim to spend 50 - 75% of our time applying the learning. We don't offer every type of corporate training course but we are great at delivering the courses that we do offer. So give us a call or get an instant quote today. Find our details on the last page.

10s of 1000s of People from Organisations in Sydney Australia and Around the World have Been Transformed Through our Talks, Corporate Training, Coaching and Mentoring



Success Stories



"Scott has led multiple workshops on values, building healthy cohesive teams and Life Languages that have really impacted our business. The Life Languages program has been invaluable. My experience with Scott Epp has been empowering and transformational. It has been a positive investment, and we are continuing to integrate Scott and the Life Languages tool into our training and development..."

Kevin Bergeron – President & CEO at MiEnergy

'Shokai Group had the Life Language Communication Workshop today delivered by Scott & Nicole. It was fantastic. They are very friendly, passionate, professional, patient and they made the training very interesting. Everyone liked it and I believe we got to know more about ourselves and our communication effectiveness. Before the training, I was the one who contacted Scott. He is really helpful and always responded quickly & clearly. We are looking forward to having another training by them. Many thanks to Scott & Nicole. :)'

Cynthia Xiang – Office Administrator at Shokai Group



'Everything that we did together was so accurate and right away as Scott and Nicole described the different Life Languages I was able to identify how the Life Languages showed up in my life. I really liked how I wasn't boxed in with the Life Languages... I want to thank Scott and Nicole for facilitating for us because it's an awesome dynamic having them both lead as they both have such a high level of mastery and understanding of it that when they share it and communicate it they are able to make it so relatable. They each were able to share their own experiences and that made a big difference for us.'

Stefan James - Internet Entrepreneur and Founder of Project Life Mastery



We exist to empower leaders and teams to breakthrough and achieve their potential!

Call us at: 0481 307 778

Email: scott@breakthroughcorporatetraining.com.au

Learn more and get an instant quote at: www.breakthroughcorporatetraining.com.au