

The Epic Life Values Course©

This is an Epic course for personal and professional development. This course can be Epic for organisations that need to clarify their values/vision/mission/purpose.

We live in a world where it's easy to lose our path. Society often offers its own roads to happiness. Sailing through life without values is like taking to the ocean without a map, without a compass, and with a broken ship's wheel. We are left to the mercy of the elements, the waves, the wind, so we will go wherever they take us. We can easily get lost in the vastness of the ocean without something to guide us because we have nothing to help us steer our ship and plot our course. We don't have a destination, so we just float around. Even if we do have a destination, we can't reach it – we can't place it on the map we don't have, we can't head the right way without a compass, and we can't steer the ship closer without a ship's wheel. In short, going out to sea without a map, compass, or ship's wheel is an aimless idea.



Going through life without values is not that great either. To get somewhere in life, you need to:

- know what you want and what matters to you.
- know how you can align yourself to your values and be your authentic amazing best.

"Values are ideas or themes in your life that are important enough to you that they affect how you think, how you act, and how you feel. Values are intrinsically entwined to the depth of who you are, making you distinctly unique and special." – Scott Epp

As the creator of the Epic Life Values Discovery© and the author of the upcoming 'Epic Life Values' book. Scott has led over 1,000 hours' one-on-one sessions with core values with his coaching clients.

This Breakthrough Corporate Training proprietary course will include the following outcomes for your team:

- Discovering what every participant's Epic Life Values© are and creating powerful statements.
- Learning the process of using values to make decisions and live an authentic life.
- Creating a genuine, lasting change that will result in a life that is aligned with the things that are important to you and that will inspire you to be your best possible self.
- Establishing a difference between your organisation's values and your Epic Life Values and how to bridge the gap between the two.
- Learning how Epic Life Values can help you make better decisions personally and professionally.

Training Options

We will lead this workshop as a solo course. We can customise this course for executive leadership teams if you would prefer to focus on the organisations values, vision and mission. You could also enquire about our other experiential team building activities (see page 26.)

90 Min - 1/2 Day: Selected sessions on personal and/or organisational values can be led in 90 minutes – 1/2 day. The abridged Epic Life Values Course© can be led in half a day.

1 Day: The complete Epic Life Values Course©.

The Breakthrough Corporate Training Advantage

We exist to empower leaders and teams to breakthrough and achieve their potential!

Our core purpose is to empower leaders and teams to breakthrough and achieve their potential. Our core values reflect the depths of who we are. Our Core values are **Engagement, Breakthrough, and Passion**. Our nurture values reflect what we care about, and how we perform to achieve our goals. Our nurture values are **Relevance, Heart, Integrity, Presence, Truth, Courage, and Teamwork**.

Most of the time that we work with your team is spent activating what has been taught through interaction, activities, roll-plays, experiences, games, discussions and coaching. We have found that amazing content delivered with passion in a lively and engaging way boosts employee morale, retention and overall workplace satisfaction. Breakthrough Corporate Training has a strategic partnership with TransforMe and combined, we have over 70,000 hours of coaching/mentoring/training experience in organisations around the world. See some of our combined clients below. Our goal is to go over and above with our training by providing 2 or more trainers where possible. We aim to spend 50 - 75% of our time applying the learning. We don't offer every type of corporate training course but we are great at delivering the courses that we do offer. So give us a call or get an instant quote today. Find our details on the last page.

10s of 1000s of People from Organisations in Sydney Australia and Around the World have Been Transformed Through our Talks, Corporate Training, Coaching and Mentoring



Success Stories



"Scott has led multiple workshops on values, building healthy cohesive teams and Life Languages that have really impacted our business. The Life Languages program has been invaluable. My experience with Scott Epp has been empowering and transformational. It has been a positive investment, and we are continuing to integrate Scott and the Life Languages tool into our training and development..."

Kevin Bergeron – President & CEO at MiEnergy

'Shokai Group had the Life Language Communication Workshop today delivered by Scott & Nicole. It was fantastic. They are very friendly, passionate, professional, patient and they made the training very interesting. Everyone liked it and I believe we got to know more about ourselves and our communication effectiveness. Before the training, I was the one who contacted Scott. He is really helpful and always responded quickly & clearly. We are looking forward to having another training by them. Many thanks to Scott & Nicole. :)'

Cynthia Xiang – Office Administrator at Shokai Group



'Everything that we did together was so accurate and right away as Scott and Nicole described the different Life Languages I was able to identify how the Life Languages showed up in my life. I really liked how I wasn't boxed in with the Life Languages... I want to thank Scott and Nicole for facilitating for us because it's an awesome dynamic having them both lead as they both have such a high level of mastery and understanding of it that when they share it and communicate it they are able to make it so relatable. They each were able to share their own experiences and that made a big difference for us.'

Stefan James - Internet Entrepreneur and Founder of Project Life Mastery



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Learn more and get an instant quote at: www.breakthroughcorporatetraining.com.au