

The Keys to Effective Coaching in the Workplace Course©

Developing a culture where people are applying effective coaching skills is a sure way to succeed today and beyond. Foundational coaching skills are pillars for successful communication, team health, empathy, motivation, collaboration, spirit, and effectiveness.

Scott Epp and Greg Beech each have over 10,000 hours of one-on-one professional coaching and mentoring experience. Scott and Nicole Epp are the founders of Abundance Coaching. This sets them apart as industry leaders in developing and teaching individuals and teams effective coaching skills.

This training highlights key coaching skills and helps coaches discover areas they need to work on to improve their coaching. Our training incorporates an array of training, coaching, role-playing, and activations. You will learn the strategies that we have honed for 10 years with Abundance Coaching. This course will introduce your team to coaching skills.



This Breakthrough Corporate Training proprietary course will include the following outcomes for your team:

- Introduction to professional coaching.
- Effective communication and conversations.
- How to create a "coaching presence."
- Curiosity rather than diagnosis.
- Advance your essential coaching skills: Powerful questions, Intuitive listening, reframing, visualising, goals and more.
- Modelling, role-plays, and in-class practice using the skills above.

Coaching Tools and Applications

Breakthrough Corporate Training provides numerous coaching tools and the necessary training for using them. Here are some of our proprietary coaching tools and applications that we can include:

- Abundance Coaching 4 Pillars of Life Tool©
- Abundance Coaching Values Discovery Tool©
- Abundance Coaching Comfort Zone Breakthrough Tool©
- Abundance Coaching Navigating Change Tool©
- Abundance Coaching Problem-Solving Tool©
- Abundance Coaching Rapid Results Tool©
- Abundance Coaching SEALL Team Tool©
- Abundance Coaching CLARITY Coaching Process©
- Abundance Coaching Setting Goals and Priorities Tool©
- Abundance Coaching Limiting Beliefs vs Empowering Beliefs Tool©
- Abundance Coaching Total Confidence and Self-Worth Blueprint©
- Abundance Coaching Story Breakthrough Tool©
- Abundance Coaching Conflict Management Tool©
- Abundance Coaching Communication Breakthrough Model©

Training Options

Since this training is so comprehensive, we can pick the most foundational elements for a 1-day training. We have led this training over multiple days with great results. This training can run from 1 – 5 days and would be tailored to your needs.

The Breakthrough Corporate Training Advantage

We exist to empower leaders and teams to breakthrough and achieve their potential!

Our core purpose is to empower leaders and teams to breakthrough and achieve their potential. Our core values reflect the depths of who we are. Our Core values are **Engagement, Breakthrough, and Passion**. Our nurture values reflect what we care about, and how we perform to achieve our goals. Our nurture values are **Relevance, Heart, Integrity, Presence, Truth, Courage, and Teamwork**.

Most of the time that we work with your team is spent activating what has been taught through interaction, activities, roll-plays, experiences, games, discussions and coaching. We have found that amazing content delivered with passion in a lively and engaging way boosts employee morale, retention and overall workplace satisfaction. Breakthrough Corporate Training has a strategic partnership with TransforMe and combined, we have over 70,000 hours of coaching/mentoring/training experience in organisations around the world. See some of our combined clients below. Our goal is to go over and above with our training by providing 2 or more trainers where possible. We aim to spend 50 - 75% of our time applying the learning. We don't offer every type of corporate training course but we are great at delivering the courses that we do offer. So give us a call or get an instant quote today. Find our details on the last page.

10s of 1000s of People from Organisations in Sydney Australia and Around the World have Been Transformed Through our Talks, Corporate Training, Coaching and Mentoring



Success Stories



"Scott has led multiple workshops on values, building healthy cohesive teams and Life Languages that have really impacted our business. The Life Languages program has been invaluable. My experience with Scott Epp has been empowering and transformational. It has been a positive investment, and we are continuing to integrate Scott and the Life Languages tool into our training and development..."

Kevin Bergeron – President & CEO at MiEnergy

'Shokai Group had the Life Language Communication Workshop today delivered by Scott & Nicole. It was fantastic. They are very friendly, passionate, professional, patient and they made the training very interesting. Everyone liked it and I believe we got to know more about ourselves and our communication effectiveness. Before the training, I was the one who contacted Scott. He is really helpful and always responded quickly & clearly. We are looking forward to having another training by them. Many thanks to Scott & Nicole. :)'

Cynthia Xiang – Office Administrator at Shokai Group



'Everything that we did together was so accurate and right away as Scott and Nicole described the different Life Languages I was able to identify how the Life Languages showed up in my life. I really liked how I wasn't boxed in with the Life Languages... I want to thank Scott and Nicole for facilitating for us because it's an awesome dynamic having them both lead as they both have such a high level of mastery and understanding of it that when they share it and communicate it they are able to make it so relatable. They each were able to share their own experiences and that made a big difference for us.'

Stefan James - Internet Entrepreneur and Founder of Project Life Mastery

