

The Life Plan Intensive Course© or The Business Plan Intensive Course©

This engaging workshop awakens participants from their slumber as they leave their comfort zones, overcome their biggest challenges, face their giants and dragons, find their identity and emerge as the hero on their epic journey.

Everyone can benefit immensely if they develop a life plan, with clear steps toward living out their plan. When your team members gain a deeper understanding of identity, vision, values, strengths, skills, and purpose, and they have an inspiring road map for their future, they will be more effective and productive.

No matter where people are in their life span, they need a life plan. Most people spend lots of time planning weekly activities or vacations, but give little attention to the outcomes they really desire in the major areas of their lives. The Life Plan Intensive is a great professional and personal development training event that can be led in a 1 - 2 Day format at your location or at a Retreat Centre.



Scott Epp and Greg Beech have developed and enhanced this course since 2014 and have led it in multiple venues. This dynamic workshop encompasses a 100-page workbook with amazing graphics and tools that will empower you to become the hero of your epic journey of life. The Life Plan Intensive and Business Plan Intensive formats are both filled with drama, music, activations and deep personal reflection. Participants will enjoy a unique collision of pragmatism, innovation and creativity. The sessions are creative and enchanted as you are led to create an inspiring road map for your future.

This Breakthrough Corporate Training proprietary course will include the following outcomes for your team:

- A life plan will avoid something we call "deadly drift."
- A life plan increases self-awareness.
- A life plan will help clarify the most important values, strengths and priorities in your life.
- A life plan will provide a road map for accomplishing what matters most.
- A life plan will provide filters for saying "no" to the things that are less important and counter-productive.
- A life plan fosters a sense of personal integration and fulfilment that overflows into career development and productivity.
- A life plan will help ensure participants finish life with few or no regrets.

As with all of our trainings, we aim to connect with everyone in the training room. We build our courses to be interactive and engaging with a mix of teaching, coaching, fun, and application.

The Business Plan Intensive Course©

We can lead this intensive at your workplace, at a third-party venue or at a retreat centre. If you choose to run this even with your Leadership group we could focus on your business plan. This course is called The Business Plan Intensive. The focus of this course would then be on the organisation, strengths, values, mission, vision, purpose, priorities and strategic approach to be disruptive and successful in their industry. We could also bring in specialists in the desired fields (business strategy, marketing, sales, customer service, team culture, to ensure that you get the best results possible.

Training Options

We will lead your organisation or team through our Life Plan Intensive over a one day or two-day event.

1/2 Day: Selected sessions on building your personal life plan can be led in half a day.

1 Day: The complete Life Plan Intensive Course© with in class coaching purpose discovery and more.

2 Days: The second day would be recommended if you wanted to lead this event at a retreat centre. This would also give more time for experiential activities, team building, and individual course work on values, beliefs, strengths, character, purpose, mindset, and building your life plan.

The Breakthrough Corporate Training Advantage

We exist to empower leaders and teams to breakthrough and achieve their potential!

Our core purpose is to empower leaders and teams to breakthrough and achieve their potential. Our core values reflect the depths of who we are. Our Core values are **Engagement, Breakthrough, and Passion**. Our nurture values reflect what we care about, and how we perform to achieve our goals. Our nurture values are **Relevance, Heart, Integrity, Presence, Truth, Courage, and Teamwork**.

Most of the time that we work with your team is spent activating what has been taught through interaction, activities, roll-plays, experiences, games, discussions and coaching. We have found that amazing content delivered with passion in a lively and engaging way boosts employee morale, retention and overall workplace satisfaction. Breakthrough Corporate Training has a strategic partnership with TransforMe and combined, we have over 70,000 hours of coaching/mentoring/training experience in organisations around the world. See some of our combined clients below. Our goal is to go over and above with our training by providing 2 or more trainers where possible. We aim to spend 50 - 75% of our time applying the learning. We don't offer every type of corporate training course but we are great at delivering the courses that we do offer. So give us a call or get an instant quote today. Find our details on the last page.

10s of 1000s of People from Organisations in Sydney Australia and Around the World have Been Transformed Through our Talks, Corporate Training, Coaching and Mentoring



Success Stories



"Scott has led multiple workshops on values, building healthy cohesive teams and Life Languages that have really impacted our business. The Life Languages program has been invaluable. My experience with Scott Epp has been empowering and transformational. It has been a positive investment, and we are continuing to integrate Scott and the Life Languages tool into our training and development..."

Kevin Bergeron – President & CEO at MiEnergy

'Shokai Group had the Life Language Communication Workshop today delivered by Scott & Nicole. It was fantastic. They are very friendly, passionate, professional, patient and they made the training very interesting. Everyone liked it and I believe we got to know more about ourselves and our communication effectiveness. Before the training, I was the one who contacted Scott. He is really helpful and always responded quickly & clearly. We are looking forward to having another training by them. Many thanks to Scott & Nicole. :)'

Cynthia Xiang – Office Administrator at Shokai Group



'Everything that we did together was so accurate and right away as Scott and Nicole described the different Life Languages I was able to identify how the Life Languages showed up in my life. I really liked how I wasn't boxed in with the Life Languages... I want to thank Scott and Nicole for facilitating for us because it's an awesome dynamic having them both lead as they both have such a high level of mastery and understanding of it that when they share it and communicate it they are able to make it so relatable. They each were able to share their own experiences and that made a big difference for us.'

Stefan James - Internet Entrepreneur and Founder of Project Life Mastery



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Learn more and get an instant quote at: www.breakthroughcorporatetraining.com.au